

Prinsky Championship					
12th May 2015					
P o s	N o	Name		Race Time	
1	74	Luke	Adams	South Shields Harriers	28 : 19
2	110	Mark	Hodgson	South Shields Harriers	29 : 43
3	211	Kieran	Moffat	South Shields Harriers	31 : 00
4	378	Dan	Josephs	South Shields Harriers	31 : 14
5	162	Adam	Hodgson	South Shields Harriers	31 : 30
6	108	Paul	Anderson	South Shields Harriers	32 : 00
7	289	Jamie	Ward	South Shields Harriers	32 : 29
8	263	Nick	Joyce	South Shields Harriers	33 : 02
9	2	Will	Crossley	Wallsend Harriers	33 : 13
10	173	Andrew	Atkinson	South Shields Harriers	34 : 02
11	281	Andrew	Walker	South Shields Harriers	34 : 05
12	325	Dan	Cooke	South Shields Harriers	34 : 37
13	232	Paul	Owen	South Shields Harriers	34 : 45
14	105	Aaron	Nicholls	South Shields Harriers	35 : 11
15	5	Peter	Darke	South Shields Harriers	35 : 47
16	154	Aaron	Day	South Shields Harriers	35 : 51
17	145	Tom	Davies	South Shields Harriers	36 : 16
18	273	Andy	Morris	South Shields Harriers	36 : 24
19	379	Tony	Walker	South Shields Harriers	36 : 57
20	26	Scott	Nichol	South Shields Harriers	37 : 20
21	80	Brian	Henderson	South Shields Harriers	37 : 52
22	376	Dave	Roberts	South Shields Harriers	40 : 30
23	199	Tommy	Copp	South Shields Harriers	41 : 15
24	79	Mac	Stephenson	South Shields Harriers	42 : 45
25	6	Ben	Allison	South Shields Harriers	46 : 59

D & M Hairdressing Championship					
12th May 2015					
P o s	N o	Name		Race Time	
1	280	Franki	Salter	South Shields Harriers	33 : 53
2	223	Mairi	Standaloft	South Shields Harriers	34 : 40
3	146	Rachel	Breheny	South Shields Harriers	34 : 48
4	51	Claire	O'Callaghan	South Shields Harriers	37 : 11
5	377	Sarah	Swales	South Shields Harriers	38 : 28
6	215	Amy	Bound	South Shields Harriers	39 : 08
7	158	Ashleigh	Day	South Shields Harriers	39 : 17
8	258	Charlotte	Williamson	South Shields Harriers	44 : 18
9	247	Patricia	White	South Shields Harriers	47 : 31